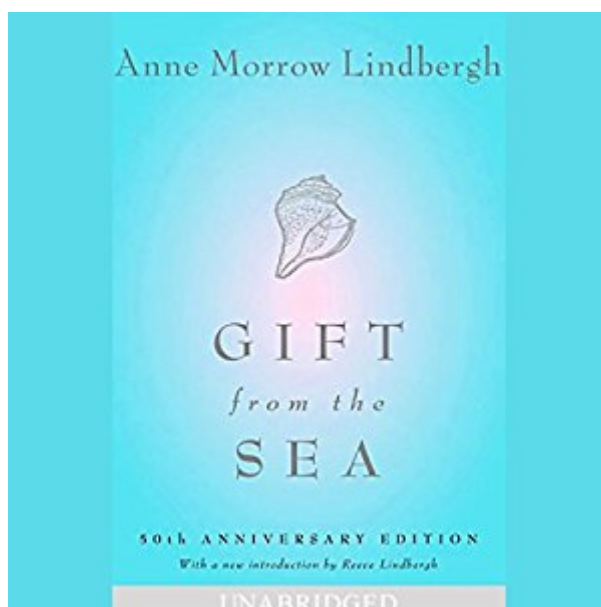


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# Gift From The Sea



## Synopsis

Over a quarter of a century after its first publication, the great and simple wisdom in this book continues to influence women's lives. From the Hardcover edition. --This text refers to an out of print or unavailable edition of this title.

## Book Information

Audible Audio Edition

Listening Length: 2 hours and 26 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Random House Audio

Audible.com Release Date: February 17, 2005

Language: English

ASIN: B0007VZ70A

Best Sellers Rank: #158 in Books > Audible Audiobooks > Biographies & Memoirs > Artists, Writers & Musicians #532 in Books > Audible Audiobooks > Religion & Spirituality > New Age & Occult #593 in Books > Religion & Spirituality > Worship & Devotion > Inspirational

## Customer Reviews

Thoughtful observations directed toward women about phases of life. Written beautifully with a gentle tone, these are thoughts and self reflections observed in solitude while she vacationed for a week by the undulating sea. Written decades ago, but so quotidian and profound, the truths are just as relevant today. This is a book I could read over and over, but I don't think I would have really embraced it if I'd read it earlier in life. It requires a thought and focus I wouldn't have given it until my 40s or 50s. A classic, yet a well-kept secret. I'd never heard of until recently.

Written in 1955, with an addendum in 1973, I can see why this book sold so well, and why it remains so popular. It's the kind of contemplative book everyone wishes they could write, and to say this book is prescient would be an understatement. From the Wikipedia post, this says it well: Lindbergh wrote this essay-style work taking shells on the beach for inspiration, and reflecting on the lives of Americans, particularly American women, in the mid-twentieth century. She shares her meditations on youth and age; love and marriage; peace, solitude and contentment during her visit. Sometimes classified as inspirational literature, the book presages many of the themes in that genre of popular literature: simplicity, solitude and caring for the soul. Gift from the Sea is a pretty quick read, but well

worth the price of admission. The target audience was clearly women, but it's a book for men as well, and what really stands out is how prescient this book was, and how relevant the book remains over 60 years after it was written. A big thumbs up for an interesting and quick read.

Gift from the Sea resonated with me to a magnitude I did not expect. While some of the troubles of a housewife feel a bit dated, the struggle to find happiness, meaning, and balance ring true today for women, but also for men. I hope these invigorating chapters give me motivation to spend more time looking inwards for happiness, and to dedicate more time to myself.

A beautiful little book. Easy to read, comfortable, thoughtful and deep but so clearly written. Anne Lindbergh had a remarkable way of relating. I ordered 8 copies and gave them to my dearest friends and family members. After 50 years, it still has so much to offer for anyone, but especially for women. I think every young woman starting out in life could benefit, and you could easily read it in a weekend, or even a long, lovely, lazy day.

I first read Gifts From The Sea when I was in high school. It is one of those classics every one should read. It is probably my favorite of all the books written by Mrs. Lindbergh. I purchased this used copy because I was intrigued by the illustrations and I love to handle a well-loved book!

Loved it. Author really got into the minds of women with her imagery of the sea and its surrounding objects ( sand, shells, tides, etc.)'published in 1955, the author established her own legacy as a writer independent of her famous husband, Charles Lindberg. It now sits on my cherished books/authors shelf in my house.

Staying on course when life meets expectations, and change is inevitable, requires us to understand and embrace the many seasons of woman's (or a man's) life. See the ebb and flow of life through the author's contemplation of the gift of life in and of the sea.

I related to several points or "shells" in this book. I have felt the need to simplify for some time now. As a career woman I also feel the pressures of taking on more of the outer strengths of males. I can also recognize that I need to create more and spend more time just replenishing so I have enough in my cup to give away to others without depleting myself to exhaustion. This book was written when my mother was a child but the words are still relevant for women today.

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